

Ripped from the Roundup

Ripped straight from the pages of old Space News Roundups, here's is what happened at JSC on this date:

In 1968

Apollo command module 101, scheduled for the first manned Apollo mission, next week will be mated with its service module for manned and unmanned vacuum chamber tests at Kennedy Space Center Manned Spacecraft Operations Building. The command module was delivered to KSC May 30.

Manned vacuum chamber testing at MSC in support of the Apollo VII mission is scheduled to begin next week ... in Chamber A of the Space Environment Simulation Laboratory. Prime crew of the test series are astronauts Joseph Kerwin, Vance Brand and Joe Engle.

In 1973

The at-first gloomy outlook for Skylab has continued to improve. Engineers, technicians, flight controllers, astronauts and program officials at the NASA Centers and contractor plants around the country have teamed up to trouble-shoot and come up with the right answers and equipment to put the Earth-orbiting space station back on the path to success.

At Roundup press time Pete Conrad and Joseph Kerwin had successfully deployed the solar wing and the solar array panels were beginning to deploy. Telemetry indicated that the solar panels were generating the much needed electric power or a successful Skylab mission.

In 1983

NASA, long seen as a model for the government in fiscal and personnel management, is now pushing as one of eight major goals to become a government leader in productivity enhancement, management practices and the application of advanced technologies.

The effort will include bringing more employees into the decision-making process, setting up employee teams similar to quality circles in the private sector, promoting more office automation and providing a creative environment for employees.

The Productivity Improvement and Quality Enhancement (PIQE) Program ... calls for a voluntary and largely decentralized effort on the part of management and employees at each of the NASA centers.

In 1988

Six new Strategy Initiatives Teams are taking a closer look at JSC Strategic Game Plan issues that cross organizational boundaries, and they will recommend actions to the Senior Staff Strategy Team early this month.

JSC Deputy Director Paul J. Weitz said most of the 18 issues in question need to be resolved through joint actions of several JSC organizations.



JSC Photo S98-06930 by Hector Gongora

Employee Activities Association Vice President for Athletics **Bob Musgrove, center**, and **Gilruth Center Recreation Director Eddy Rodriguez, right**, check out the progress of G&Z contractor on two new outdoor sand volleyball courts at the recreation center.

Sand volleyball comes to JSC

Gilruth Center digs in to build regulation outdoor court

By **Bob Musgrove**

JSC's Gilruth Center has teamed up with G&Z contracting to build two lighted sand volleyball courts.

These two regulation-sized sand volleyball courts, located on the south side of the Gilruth—between the gym and the old pavilion—were scheduled to open by the end of May. Construction began May 8. Each court is 26 1/2 feet wide by 59 feet long, with a 10-foot free zone around the boundary line.

In addition to "open play," plans are in work to offer outdoor tournaments and leagues starting this summer, including mixed, women's, and men's, in both competitive and

recreation levels.

Complementing the Gilruth Center's indoor volleyball programs, these new sand volleyball courts will provide the flexibility for teams of six, four, and even two players to compete in a relaxed atmosphere.

"Volleyball players looking for a top-notch facility to use for both competitive and recreational play can now turn to the Gilruth Center year-round," said Eddy Rodriguez, Gilruth recreation director.

For more information on upcoming leagues, tournaments, and court availability, call the Gilruth Center's recorded information line at x33345.

Earth Day tournament yields trees for future of Gilruth Center

JSC employees can expect to enjoy more shade around the Gilruth Center softball fields as seven newly planted trees grow taller in the years to come thanks to the first annual Earth Day Softball Tournament held in April.

After a one-week delay due to rain, five JSC teams eagerly gathered for an exciting round-robin tournament that provided recreation for the players, and new trees for the Gilruth Center.

The new trees were purchased with fees

donated by the participating teams and through a donation by Wolfe Nursery.

The "Tequila Slammers" softball team, managed by Bob Musgrove, swept the tournament, and took home Earth Day T-shirts and Moody Gardens tickets.

For more information on upcoming events, please contact the Gilruth Center at x33345, or check out the Gilruth Home page at: <http://www4.jsc.nasa.gov/ah/ExcEAA/Gilruth/Gilruth.htm>

United Way offers help to employees

From his voice on the phone, it was clear that he was desperate. The man calling the Bay Area United Way Helpline needed assistance for his wife of 23 years who was battling cancer. One of the stresses of coping with her illness was coming from the workplace—his employer was beginning to pressure him about work left undone when he took his wife for chemotherapy treatment three days a week. He had no family to help and nowhere to turn.

This was just one of the 300 calls received on average each month by the Bay Area United Way Helpline. Many have similar personal stories—most not as touching and complex, but all of them seeking help. The Helpline is among the many programs provided to the community at the United Way Service Center of the Bay Area. The United Way of the Texas Gulf Coast provides office space to support 20 agencies that have satellite locations based at the center.

The United Way Service Center of the Bay Area is governed by a 15-member advisory board, with members of the JSC community participating. The board oversees the daily activities of the center and offers guidance for operations based on first-hand knowledge of Bay Area needs. Many JSC employees support the service center through their donations to the Combined Federal Campaign.

The agencies currently in the United Way Service Center include:

American Red Cross, Disaster relief, first aid, CPR and non-emergency medical transportation; Associated Catholic Charities, counseling; Bay Area Rehabilitation Center, rehabilitation and therapy services; Bay Area Council on Drugs and Alcohol, counseling for drugs or alcohol abuse; Big Brothers and Sisters of Houston, one-to-one friendships between adult volunteers and a children; Boy Scouts of America, Sam Houston Area Council; Consumer Credit Counseling Service, budget and debt management counseling; Crisis Intervention of Houston, crisis intervention and suicide prevention; Crossroads, Community Partnership for Youth, adult volunteers to befriend troubled youths; DePelchin Children's Center, comprehensive mental health and social services; Ed White Memorial Youth Center; GED and pre-employment training; Family Service Center, counseling; Harris County Health Department, immunizations; Innovative Alternatives Inc., mediation for crimes or disputes; Literacy Advance of Houston, reading, writing and communications volunteers; MHMRA, employment services to mentally retarded adults, counseling and independent living skills classes; Neighborhood Centers Inc., Senior Center; day activity for the elderly; San Jacinto Girl Scout Council; Sheltering Arms, enables elderly to live with dignity and independence in their own homes; United Way Helpline, links people in need with services; and The Volunteer Center, develops, supports and promotes volunteering.

For more information, call 282-6000. If you need help or know of someone who needs help, call the United Way Helpline at 282-6043.

As for the man whose wife had cancer, he used the American Red Cross transportation program to get his wife to and from M.D. Anderson. She has recovered and is doing well.

Gilruth Center News

Hours: The Gilruth Center is open from 6:30 a.m.-10 p.m. Monday-Thursday, 6:30 a.m.-9 p.m. Friday, and 9 a.m.-2 p.m. Saturday.

Nutrition intervention program: Six-week program includes lectures, a private consultation with the dietitian and blood analysis to chart your progress. Program is open to all employees, contractors and spouses. For more information, call Tammie Shaw at x32980.

Defensive driving: One-day course is offered once a month at the Gilruth Center. Pre-registration required. Cost is \$25. Call for next available class.

Stamp club: Meets every second and fourth Monday at 7 p.m. in Rm. 216.

Weight safety: Required course for employees wishing to use the Gilruth weight room. The next classes are scheduled for at 8 p.m. June 11 and 25 (must be on time to receive credit for class). Pre-registration is required. Cost is \$5. Annual weight room use fee is \$90. Additional family members are \$50.

Exercise: Low-impact class meets from 5:15-6:15 p.m. Mondays and Wednesdays. Cost is \$24 for eight weeks.

Aikido: Introductory martial arts class meets from 5:15-6:15 p.m. Tuesday and Wednesday. New classes begin the first of each month. Instruction is by a fourth-degree black belt. Learn to defend yourself and get a great aerobic workout. Cost is \$35 per month.

Step/bench aerobics: Low impact cardiovascular workout. Classes meet from 5:15-6:15 p.m. Monday, Tuesdays and Thursdays. Cost is \$32 for eight weeks. Call Kristen Taragzewski, instructor, at x36891 for more information.

Yoga: Low impact stretching exercises expertly designed for people of all ages and abilities in a Westernized format. Classes meet Thursdays from 5-6 p.m. Cost is \$32 for eight weeks.

Ballroom dancing: Classes meet from 7-8:15 p.m. Thursdays for beginner advanced classes and from 8:15-9:30 p.m. for beginner-intermediate and intermediate students. Cost is \$60 per couple.

Country and western dancing: Beginner class meets 7-8:30 p.m. Monday. Advanced class (must know basic steps to all dances) meets 8:30-10 p.m. Monday. Cost is \$20 per couple.

Fitness program: Health Related Fitness Program includes a medical screening examination and a 12-week individually prescribed exercise program. For more information call Larry Wier at x30301.

Gilruth Home Page: Check out all activities: <http://www4.jsc.nasa.gov/ah/exceaa/Gilruth/Gilruth.htm>

Ticket Window

Bldg. 3 Exchange Store hours are 7 a.m.-4 p.m. Monday-Friday.
Bldg. 11 Exchange Store hours are 9 a.m.-3 p.m. Monday-Friday.

For more information, please call x35350.

The following discount tickets are available at the Exchange Stores:

General Cinema Theaters\$ 5.50
Sony Loew's Theaters\$ 5.00
AMC Theaters\$ 4.75
Astroworld One Day Admission\$24.25
(valid at all Texas Six Flags Theme Parks)	
Astroworld Season Pass\$57.75
(valid at all Texas Six Flags Theme Parks and Water World)	
Moody Gardens (2 of 6 events)\$ 9.75
Sea Worldadult \$27.25 ... child (3-11) \$18.25
Schiltterbahnadult \$20.75 ... child (3-11) \$17.50
Space Center Houstonadult \$10.25 ... child (4-11) \$ 7.00
JSC civil service employees free.	
Splashtown Water Parkadult \$14.50 child (under 48") \$11.50
Metro Tokens and value cards available.	
Houston Comets tickets on sale now in Bldg. 11.	

EAA Events:

Galveston Outdoor Musicals	price:adult \$14.00 .. child (12 & under) \$9.00
Cinderella	June 26
Grease	July 17
Hello Dolly	August 7
Anything Goes	August 28